

# BEET IT

the power of **NO**

- The world's first organic stamina shot
- 7cl of concentrated beetroot juice
- A natural Nitric Oxide (NO) booster
- Reduce O<sub>2</sub> cost of exercise
- A secret of the sporting elite

Available at all Holland & Barrett  
branches many health food stores  
and direct home delivery from  
[www.beet-it.com](http://www.beet-it.com)  
or by calling  
01473 890 202



*Helen Decker*  
Great Britain and England  
International athlete

*"With 'Beet it' shots I find a  
noticeable improvement in stamina,  
endurance and oxygen utilization"*

